

## SEX INVENTORY WORKSHEET

*“God please help me see the Truth about my conduct in relationships”*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

### **Write a brief history of the relationship:**

My motives for getting involved were... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

My specific conduct in the relationship has been... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The major points that came up in the relationship are... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How it ended...? or how it is now... \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*“God please help me see the Truth about my conduct in relationships”*

Look at each relationship and answer these nine questions (*ref p.69-71*)

1) Where had I been selfish? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2) Where had I been dishonest? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3) Where had I been inconsiderate? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4) Whom did I hurt? (Look around the relationship) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5) Did I arouse jealousy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6) Did I arouse suspicion? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7) Did I arouse bitterness? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

8) Where was I at fault? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9) What should I have done instead? ( In the relationship. Don't write "not gotten involved in the first place." )

Make sure you are especially explicit with Question #9 you will refer back to this for writing the Sex Ideal.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Harm:** Write any specific harm that comes to you while writing. \_\_\_\_\_

\_\_\_\_\_